



# VIMA

## Aging and Chronic Diseases

### Epidemiological and Public Health Approaches

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Our Unit project, which aims to study the determinants of aging and chronic diseases and the consequences of aging on medical and social care, relies on a conceptual framework that provides a global approach of aging, as illustrated below.

#### Conceptual Framework of VIMA

##### Health-related behaviors and lifestyle factors

\*Determinants of health-related behaviors in elderly populations ([marie.zins@inserm.fr](mailto:marie.zins@inserm.fr))

##### Occupational exposures and working conditions

\*Impact of occupational exposure to disinfectant or cleaning agents on asthma ([nicole.lemoual@inserm.fr](mailto:nicole.lemoual@inserm.fr))  
\*Difficult working conditions, physical performance, well-being, and musculoskeletal disorders ([alexis.descatha@uvsq.fr](mailto:alexis.descatha@uvsq.fr))

##### Social Factors

\*Social and geographic determinants of asthma ([nicole.lemoual@inserm.fr](mailto:nicole.lemoual@inserm.fr))

\*Social determinants of health inequalities in the elderly ([marcel.goldberg@inserm.fr](mailto:marcel.goldberg@inserm.fr))

##### Nutritional Factors

\*Causal effect of nutritional, environmental and social factors on Asthma ([raphaelle.varraso@inserm.fr](mailto:raphaelle.varraso@inserm.fr))

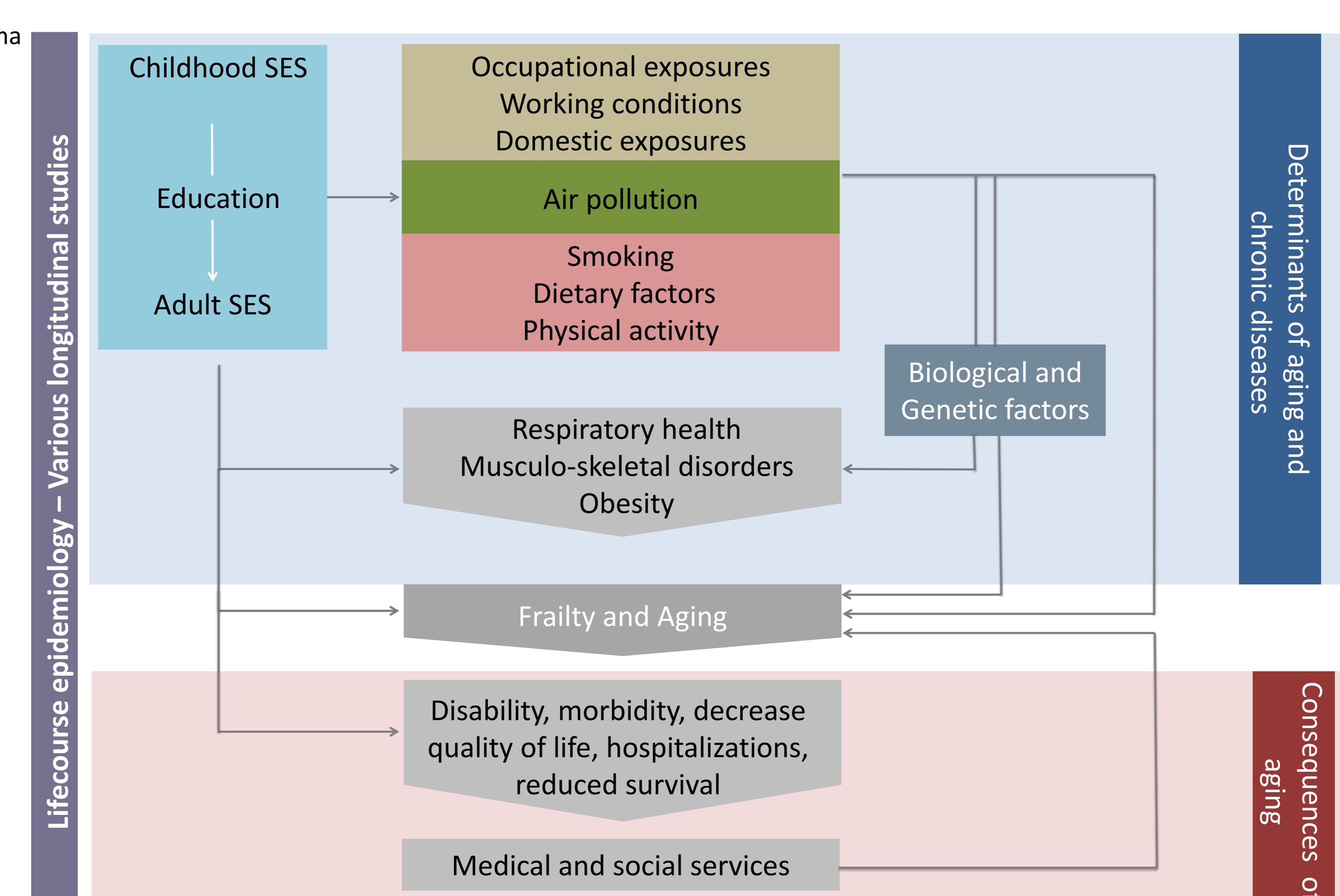
\*Association between obesity and cardiometabolic complications ([sebastien.czernichow@apr.aphp.fr](mailto:sebastien.czernichow@apr.aphp.fr))

##### The evaluation of health and medico-social services for the elderly

\*European Innovation Partnership on Active and Healthy Ageing (MACVIA-LR, [jean.bousquet@inserm.fr](mailto:jean.bousquet@inserm.fr))

\*Impact of caregiving on physical and mental health and quality of life ([joel.ankri@uvsq.fr](mailto:joel.ankri@uvsq.fr))

##### Social, occupational, environmental and behavioral determinant of aging and chronic diseases



##### Outdoor and indoor exposures

\*Socio-Economic Status and Air Pollution in three European Cohorts ([benedicte.jacquemin@inserm.fr](mailto:benedicte.jacquemin@inserm.fr))

\*Outdoor air pollution and respiratory health ([benedicte.jacquemin@inserm.fr](mailto:benedicte.jacquemin@inserm.fr))

\*Role of domestic exposure to cleaning products especially in spray form on respiratory health ([nicole.lemoual@inserm.fr](mailto:nicole.lemoual@inserm.fr))

\*Outdoor air pollution and rhinitis ([benedicte.jacquemin@inserm.fr](mailto:benedicte.jacquemin@inserm.fr))

##### Biological and Genetic factors

\*Associations between biological markers and asthma, allergy or rhinitis ([rachel.nadif@inserm.fr](mailto:rachel.nadif@inserm.fr))

\*Contribution of metabolic signatures in the prediction of metabolic syndrome ([sebastien.czernichow@apr.aphp.fr](mailto:sebastien.czernichow@apr.aphp.fr))

\*Studying gene by environment interactions on biological and clinical phenotypes ([rachel.nadif@inserm.fr](mailto:rachel.nadif@inserm.fr))

##### Clinical, biological, psychological and social aspects of frailty

\*Understanding the expressions, the determinants and the consequences of frailty ([marie.herr@uvsq.fr](mailto:marie.herr@uvsq.fr), [joel.ankri@uvsq.fr](mailto:joel.ankri@uvsq.fr))

#### Cohorts



Constances : 200 000, representative of the French population  
cohort INVESTISSEURS DE LA VIE

M. Zins, M. Goldberg, L. Berkman

Contact: [Marie.zins@inserm.fr](mailto:Marie.zins@inserm.fr)

Determinants : genetic susceptibility, environmental and occupational exposures , behavior and lifestyle , access to health

2012  
18- 69 years

2015  
18- 72 years

Medical exam, cognitif exam for 45 years and more, biology, geocoded address

Follow-up : self-reported annual questionnaires, health exam every 5 years, SNIIRAM, CNAV

Biobank : RNA, DNA, plasma, serum



20 000 volontaires pour la recherche médicale

Gazel : 20 625 employees of EDF GDF

M. Goldberg, M. Zins, A. Leclerc

Contact: [marcel.goldberg@inserm.fr](mailto:marcel.goldberg@inserm.fr)

Determinants : genetic susceptibility, environmental and occupational exposures , behavior and lifestyle , access to health

1989  
35-50 years

2015  
61-76 years

Annual self-administered questionnaires , Absenteeism , Matrix Jobs Exhibitions, Health examinations , Biobank , SNIIRAM

Biobank : DNA, plasma, serum



Asthma-E3N: 19 398 women (case-control on asthma)

R. Varraso / F. Clavel-Chapelon (E3N)

Contact: [raphaelle.varraso@inserm.fr](mailto:raphaelle.varraso@inserm.fr)

Determinants : genetic susceptibility, environmental and occupational exposures behavior and lifestyle , access to health

1990

40-65 years

2015

64 – 89 years

Self-administered questionnaires every 2 to 3 years, Nutrition, MGEN reimbursements, Biobank

Case-control study nested on asthma in the cohort  
7100 case  
14,200 control  
Characterization of phenotypes  
Etiological studies

2011: Detailed Respiratory Questionnaire 21300 women , response rate 91%

Follow-up at 4 yrs



Étude épidémiologique des facteurs Génétiques et Environnementaux de l'Asthme, hyperéxcitabilité bronchique et atopie

EGEA : Case-control on asthma and family study

V. Siroux, F. Demenais, I. Pin, R. Nadif, F. Kauffmann (1991-2012)

Contacts: [valerie.siroux@ujf-grenoble.fr](mailto:valerie.siroux@ujf-grenoble.fr), [rachel.nadif@inserm.fr](mailto:rachel.nadif@inserm.fr)

##### Objectives :

- Determine the genetic factors of asthma
- Identify environmental factors and GxE interactions
- Clarify the heterogeneity of asthma

1991 1995 2002 2006 2011 2013

Egea1

Egea2

Egea3

2 047 adults and children  
348 cases and 415 control  
Questionnaires  
Lung function tests

Following rate (92.2%),  
Questionnaires  
Examinations (As Egea1)

Following rate(80%),  
Self-questionnaires

##### Biobank

- DNA, RNA, Serum, plasma, RBCs
- Exhaled breath condensate

